

•Course Title: Activities for the Mentally Retarded

Course Number: MRC 114

Course Description:

This course is designed to give the student the functional skills to interact with a retarded individual in a variety of activities. Included will be physical activities, simple expressive arts, recreation and leisure-time activities and the teaching of simple concepts.

Course Objectives;

1. At the end of the course the student will be able to involve the retarded individual in a variety of activities,
2. At the end of the course the student will be able to modify a specific activity to meet the limitations of an individual or group.
3. The student will understand the need and philosophy for leisure time and recreational activities.
4. The student will be able to select an activity which would be appropriate to the individual's ability level and interests

Areas to be Covered;

- I. Philosophy
- II. Language Development
 - possible problems
- III, Physical Activities
 - individual
 - small group
 - low organized games
- IV. Expressive Activities
 - music
 - drama
- V. Adult needs
- VI. Teaching simple concepts

Evaluation:

1. Regular attendance and participation in class
- 2, Responsible for all materials

Efvaluation cont'd.

3. Activities Idea book

Each student will be evaluated on their ability to gather and assemble a comprehensive collection of activities. Quality and variety of activities will be taken into consideration. Furthermore, the utility of the assembled materials will be considered (e.g. portability, reference)

4. Each student will be responsible for a number of assignments
 - a) quiet activity
 - b) active activity
 - c) oral reading
 - d) teaching simple concept
5. During specific classes students will be expected to contribute ideas.
6. A grade of A,B,C or I will be awarded.